

### **Playing music with a carrot**

This may seem a strange subject, but it is just to show you how to write an academic paper. According to the Carrotistes d'Angers<sup>1</sup>,

*"The carrot is one of the easiest vegetables to play, since it is easy to drill."* (Wickes, 2015)

Even the BBC<sup>2</sup> has been involved in discovering vegetable-based music-making (Custom Made, 2019).

Elsewhere, it has been suggested that combining vegetables with music can inspire children to eat more vegetables (Agrawal, 2012).

### **Bibliography**

Agrawal, Radha. *Super Sprowtz: Marrying Arts and Nutrition Education To Inspire Children To Eat More Vegetables*. Childhood Obesity, Volume 8, Number 5. 2012.  
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Custom Made. *Vienna's unpredictable Vegetable Orchestra*. BBC Travel 2019.  
<https://www.bbc.com/travel/article/20190311-viennas-unpredictable-vegetable-orchestra>

Wickes, Stuart. *Making music with a carrot instrument*. The Family Adventure Project.  
<https://www.familyadventureproject.org/making-music-with-a-carrot/>

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1 A strange group of musicians in Angers, France, who play the carrot.

2 British Broadcasting Company